

Edited and issued bimonthly by FUKUOKA CITY INTERNATIONAL FOUNDATION  
Fukuoka City International Center 4-1 Tenyamachi, Hakata-ku, Fukuoka City  
TEL: 092-262-1799 <http://www.fcif.or.jp>



公益財団法人  
福岡よかトピア国際交流財団  
Fukuoka City International Foundation

FCIF Office is open on weekdays 9:00 ~ 18:00

## Enjoy Summer in Fukuoka!

Summer is here! With mountains, sea, festivals, and fireworks festivals, summer in Fukuoka is full of fun! In the summer issue, we will introduce summer events and places to visit that you can enjoy in and around the city.

Photo courtesy : Fukuoka city

- ③ **Nokono-shima Island-Park**  
(のこのしまアイランドパーク)  
Flower picking event  
(花摘みイベント)



Marigolds - 18th June to Mid July  
Sunflowers - Mid July to Mid August

<http://nokonoshima.com/>  
Tel : 092-881-2494

- ① **Shikanoshima island (志賀島)**

The deep, clear water surrounds white sandy beaches. Here, you can enjoy swimming, cycling, trekking and more.  
The best months for swimming are July and August.  
<https://yokanavi.com/en/en/route/73943/>



- ② **Uminonakamichi Seaside Park (海の中道浜辺公園)**

◆ Disc golf free trial  
(ディスクゴルフ無料体験会)  
7/10 (Sun), 7/23 (Sat), 8/14 (Sun),  
8/27 (Sat)



◆ Stag Beetle House  
(カブトムシハウス)  
Observe and see the stag beetle for yourself.  
Date: 7/16 (Sat) - 31 (Sun)  
<https://uminaka-park.jp/event/all/>



◆ Aquarium at Night  
You can observe creatures that you cannot usually see, such as sleeping fish and sea otters that swim close to each other. The "Dolphin Show", which is lit up with the night view of Hakata Bay in the background, will be held from around 19:30.

7/16 - 7/18, 7/23 - 8/31,  
Sept (except weekdays)

<https://marine-world.jp/en/>

- ④ **Shoryo Nagashi Fireworks (Meinohama Fireworks Festival)**  
(第35回精霊流し花火大会)

Atagohama Marina Town Seaside Park  
Date: Mon, 8/15 20:00 - 20:40



- ⑤ **Momochi Seaside Park**  
(シーサイドもち海浜公園)



The best months for swimming:  
July to the beginning of September

**Fukuoka Tower (福岡タワー)**

- ☆ Discount on entrance fee for foreigners residing in Fukuoka
  - ☆ You need to present your residence card when purchasing a ticket
- 7/1 - 9/30



- ◆ **Tanabata Festival**  
(Star festival/七夕まつり)

On the south side of Fukuoka Tower  
July 5th to July 7th 12:00 - 22:00  
<https://www.fukuokatower.co.jp/>



Festivals (Matsuri) in Fukuoka・・・P2  
Events for children・・・P4

- ⑥ **Nogouchi River Valley (野河内溪谷)**

Fukuoka city Sawara-ku Iba

The Nogouchi River Valley at the foot of Mt. Iwara is the only valley in Fukuoka city and can be reached in about an hour by car from the Hakata station. A promenade in the forest is also maintained, so you can easily enjoy nature!



## Watch out for accidents at sea!

### Beware of rip currents



What is a rip current?  
Waves and swells hit the coast from offshore, but the seawater that hits always tries to return to the offshore from a place where it is easy to flow. The strong current that emanates offshore at this time is called a "rip current." If a rip current is generated, it will be washed offshore without being noticed, which is extremely dangerous.



### How to escape a rip current



1. Remain calm.
  2. Don't swim towards the land.
  3. Swim parallel to shore to escape the current.
  4. Swim towards the shore after you're out of the current.
- \* When the wind is too strong, save energy and float until rescue arrives.



- ### 3 basics of self-lifesaving
- ① Always wear a life jacket
  - ② Prepare a means for communication using a mobile phone in a waterproof pouch.
  - ③ Call "118" for maritime incidents and accidents.



☆ 118 is a telephone number for emergency incidents and accidents on the sea.



## Speaking of summer traditions, it's time for summer festivals!



### ★ Hakata Gion Yamakasa (博多祇園山笠)

At Kushida Shrine and around the area  
(1-41, Kamikawabata-machi, Hakata-ku, Fukuoka city)  
From 1<sup>st</sup> July to 15<sup>th</sup> July

The Hakata Gion Yamakasa is a traditional Shinto ritual of "Kushida Shrine", the general guardian of Hakata. The ornamental Yamakasa, which is over 10m high, is exhibited in various parts of the city, and men in Shimekomi (loincloths), and Happi coats carry the Yamakasa around the city. In particular, "Oiyamakasa" in the early morning of the 15th July, which is the finale and the climax of the 15 days of the Hakata Gion Yamakasa festival, and could not get any more powerful.

Please check the website for more information:  
<https://www.hakatayamakasa.com/>

### ★ Hakozaikigu Shrine Nagoshi Festival (筥崎宮夏越祭)

At Hakozaikigu (1-22-1 Hakozaiki, Higashi-ku, Fukuoka city)  
16:00 - 22:00 on Saturday 30<sup>th</sup> July and 12:00 - 21:00  
on Sunday, 31<sup>st</sup> July

It is a disaster relief event held at Hakozaiki Shrine, one of Japan's three major Hachiman, for the god of warding off evil and good luck. A market and a charity game corner will be held there as well.

Please check the website for more information:  
<https://www.hakozaikigu.or.jp/omatsuri/nagoshisai/>

### ★ Hakata Summer Festival (はかた夏まつり)

In the square in front of JR Hakata Station  
18:00 - 22:00 from 12<sup>th</sup> to 14<sup>th</sup> August (The schedule is subject to change)

It is a summer festival held in the square in front of Hakata Station every summer. It is held for 2 to 3 days, and there are many stalls lined up, and lots of fun gimmicks such as Japanese drum performances and stage performances by artists.



## Tuberculosis Prevention Week September 24~30

In 2020, there were approximately 13,000 new cases of Tuberculosis (TB) in Japan. This "modern disease" is also recognized in the younger generation. If found early, it can be cured by outpatient treatment while living a normal life, but if left untreated, it may be transferred to others or can even lead to death. Approximately 10 million new cases of TB occur annually in the world, and the countries with highest TB epidemic are developing countries, mainly in Asia and Africa. In Japan, the number of young foreign-born TB patients and elderly are increasing. The symptoms of TB are similar to those of the common cold, such as a cough, phlegm, fever, and fatigue. If you have had a cough for more than 2 weeks, or if you have any concerns about your symptoms, visit a medical facility with a mask on.

**Public Health & Welfare Bureau      Mental Health Promotion & Disease Prevention Section**

TEL 092-711-4270    FAX 092-733-5535



“Fukuoka and me”

In this section, we will introduce a foreign national living in Fukuoka.



Interview with Ann Umeda from Sri Lanka

■ Q1. Could you please tell us what brought you to Fukuoka and or Japan?

Teaching English and nursing to nursing students at school, and working as a nurse/midwife in Sri Lanka in the '90s. This drew my interest to the latest technology in the medical field of Japan.

■ Q2. What kind of activities (work, etc.) are you currently doing in Fukuoka?

I teach English and interpret English/Sinhala/Tamil to Japanese. I participate in the International Understanding Education, so talk at schools and community centers (Kominkan) representing my country Sri Lanka and promoting Sri Lankan ethnic cooking. Being a Seventh Day Adventist Church member, I'm involved in gathering and shipping used clothes, shoes, toys, stationery, etc. to Sri Lanka, The Philippines, and Papua New Guinea. My pleasure is helping my country-people living here in Fukuoka.

■ Q3. How have you overcome any difficulties or obstacles in your activities or life?

1. Take it to the Lord in prayer.
2. Always supported by Fukuoka Prefecture community, neighbours, friends, and church members, and learn from Japanese kids. As the Fukuoka government has Employment Service Centers, Housing support, and consultation support centers, this is another relief.

■ Q4. What are your thoughts on your current life in Fukuoka?

I'm blessed to live in Fukuoka surrounded by nature, greenery, mountain, rivers, hills and the sea! I thank my husband and my son for giving me the opportunity to live in Fukuoka as an ambassador representing my country, Sri Lanka.

■ Q5. Could you please tell our readers if you have any more messages?

If anyone of you out there is looking for solutions for your question such as consulting, English speaking dentists, doctors, clinics, gynecologists, lawyers, advice on divorce, and counselors are available. There are book stores, movers, house hunting, garbage disposal etc., you need to speak out before it's too late!!

Fukuoka City Consultation Support Center for Foreign Residents is for YOU and me!!

September 1st is Disaster Prevention Day

“Disaster Prevention Day” is on 1st September. Japan is a country that is prone to disasters such as earthquakes, typhoons, tsunamis, and heavy rains due to its topography and geology, and has been hit by various disasters. “Disaster Prevention Day” was set up to reduce the damage caused by such disasters. Also, “Disaster Prevention Day” is not a national holiday.

What to do at home on Disaster Prevention Day

We never know when and where a disaster will occur. It may occur when you are outside the house.

Please review the emergency response plan:

- ✓ Check local evacuation sites on the disaster prevention map  
Also, please check our website: <https://www.fcif.or.jp/en/en-information/disaster-prevention/>
- ✓ Check disaster prevention supplies:
- ✓ Make sure that your disaster prevention backpack (emergency backpack) packed with mobile radios, emergency food, and emergency supplies.
- ✓ Take measures to prevent furniture from tipping over
- ✓ Check food and beverage stockpiles:
- ✓ In case of emergency, prepare enough food and drinking water for about one week
- ✓ Check the means of communication between family members
- ✓ In the event of a disaster, it is expected that it will be difficult to connect to the phone, but you can also register your safety with the Disaster Emergency Message Dial “171” (Telephone message/Board service) that can be used from mobile phones and landlines.
- ✓ Register for the disaster prevention app, disaster prevention email, Fukuoka City LINE official account, etc.



Here is the list of apps and information:

Multilingual

- Safety Tips App by Japan Tourism Agency
- NHK WORLD JAPAN App
- Twitter “Japan Safe Travel”
- Multilingual Information on Disaster Mitigation by Japan Meteorological Agency  
<https://www.jma.go.jp/jma/kokusai/multi.html>
- Disaster Prevention handbook  
<https://www.pref.fukuoka.lg.jp/site/english/>
- Disaster prevention info-mail service Mamoru by Fukuoka Prefecture - <http://www.bousaimobile.pref.fukuoka.lg.jp/en/>

Japanese language only

- “Tsunagaru Plus” (ツナガルプラス) by Fukuoka city
- Fukuoka city official Line account (福岡市LINE公式アカウント)
- Disaster Prevention E-mail by Fukuoka city (福岡市防災メール)

Fukuoka City Disaster Information Center for International Residents

In the event of a disaster, if you are unsure of what is happening or what to do, please call us for Disaster Information Support Center. 092-262-1799 Lines open only in the event of a disaster.





**Free Entry!**  
さんかむりょう!

Onsite Babysitter available  
For over 3 months old - 5 years old  
(Appointment necessary, 500 yen per child)  
3か月～5歳のこどもは必ずあります  
(こども1人1泊の、よやくしてください)

**Connect to the World!**  
～Games from around the world and SDGs～

せかいとつながろう ～せかいのあそびとSDGs～

★ Fun traditional games from China, Nepal, and South Korea!  
中国、ネパール、韓国 のあそびをたのしもう!  
★ What is SDGs? Craft with recycled materials. SDGsでなにか? リサイクルのものでクラフトづくり!

★ Apply here.  
ここからもうしこんでください。  
Application Deadline:  
Tuesday, 12<sup>th</sup> July  
もうしこみしめきり:  
7月12日(火)

Age /ねんれい: 6 - 12 years old / 6 - 12 さい  
(Children to be accompanied by a parent/guardian)  
(ほごしやといっしょにきてください)

Event Day / 日にち: Thursday, 28<sup>th</sup> July / 7月28日 (木)

Time/じかん: 10:30 - 12:30

Event Location/ ばしょ: Ajibi Hall in Fukuoka Asian Art Museum  
福岡アジアびじゅつかん あじびホール  
8th Floor, Riverain Center Bldg., 3-1 Shimokawabata-machi, Hakata-ku, Fukuoka City  
福岡市 はかたくしもかわばたまち 3-1 リバーインセンタービル 8かい

Organizer / しゆさい: Fukuoka City International Foundation / 福岡よかトピア国際交流財団  
(Contact / といあわせ: event-kids@fcif.or.jp / 092-262-1744)

Cosponsor / きょうさい: JICA九州, undigluck

**International Kids' Event "Connect to the World  
～Games from around the world and SDGs～"  
by Fukuoka City International Foundation**

Please apply now and join the event! This is a summer vacation event organized by Fukuoka City International Foundation. Play fun traditional games from around the world and learn SDGs through workshops.

**Date & Time:** 10:30 - 12:30 on Thursday, 28<sup>th</sup> July

**Event location:** AJIBI Hall in Fukuoka Asian Art Museum, 8<sup>th</sup> Floor, Riverain Center Building, 3-1 Shimokawabata-machi, Hakata-ku, Fukuoka city

**Application Deadline:** Tuesday, 12<sup>th</sup> July

**Apply here:**  
<https://forms.gle/dT9msXpwB1B8sDTe8>

※If there are too many applicants, we will hold a lottery.

**Contact:** Fukuoka City International Foundation 092-262-1744



**Summer Children Museum 2022  
Guided Tour to "The Rhythm of Water" in Fukuoka Art Museum**

Why don't you come see "Summer Children Museum 2022" exhibition? Curator will guide you how to enjoy the paintings. Enjoy walking around in the museum and please tell us what you feel! ※Guided tour on July 9 is fully booked.

**Date & Time:** 10:30 - 12:10 on Friday, 19<sup>th</sup> August


**Event location:** Fukuoka Art Museum, 1-6 Ohori Koen, Chuo-ku, Fukuoka City

**Eligibility:** Parents and children whose mother tongues are not Japanese

**Fee:** Free

**Apply here:**  
<https://www.fcif.or.jp/latestnews/event/summer-children-museum2022/>

**Contact:** Fukuoka City International Foundation 092-262-1744



おやこ なくおかし びじゅつかん き  
親子で福岡市美術館に来ませんか?

夏休み子ども美術館 2022  
ガイドツアー「水のリズム」  
The Rhythm of Water

いつ: 2022年8月19日(金요일) 10時30分から12時10分まで  
どこ: 福岡市美術館(福岡市中央区天神公園1-6)

参加費: 無料です。お茶はいりません。  
対象: 母国語が日本語ではない親子  
内容: ① 美術館のスタッフと一緒に、展示「水のリズム」をみます  
② 美術館の中を、自由にみます  
③ 展示や美術館の中で気づいたことを、みんなで話します

定員: 5家族(15人)程度  
もうしこみ: 福岡よかトピア国際交流財団HP からもうしこんでください。

7月9日はしめきりました。  
8月19日に2回開きます。

展示「水のリズム」について  
「水の音」がテーマのいろいろな作品をみえます。作品をみる途中で、とどろき水の音が聞こえます。

作品について、私がやさしい日本語で説明します。  
皆さんのご質問も、お待ちしております。

福岡市美術館 4階 401号室  
問合せ: 福岡よかトピア国際交流財団  
Tel: 092-262-1744  
Email: takagi@fcif.or.jp



**School Guidance for Children with Roots in Foreign Countries 2022**

Educational counseling for preschoolers to high school students is available. Please attend with your parents or guardians.

Date: 13:00 - 16:00, Sunday, Aug. 28, 2022  
Venue: Health Promotion Support Center AIREF 10<sup>th</sup> Floor (5-1 Maizuru 2 Chome, Chuo-ku, Fukuoka city)  
Fee: Free  
Language: Japanese, English and Chinese  
How to apply: Application is not mandatory; however, it would be helpful if you could email us about the content you would like to ask/discuss.  
Email: tomoikifukuoka@gmail.com


**Learning / experience / interaction, various summer vacation events**

★Children's Art Museum during Summer Vacation 2022:  
The Rhythm of Water At the Fukuoka Art Museum  
From Thursday, 9<sup>th</sup> June to Sunday, 21<sup>st</sup> August

Children's Art Museum during Summer Vacation has been held every summer vacation since 1990. Every year has a different theme for this program. The exhibitions and workshops are held according to the theme of this program, and children can experience art while enjoying fun exhibitions and workshops. This year, we will introduce various works on the theme of the sound of water.

**Admission fee:** Free for under Junior High school students, 150 yen for High school and University students, 200 yen for Adults **Opening Hours:** 9:30 - 17:30 (open till 8pm on Fridays and Saturdays from July to October) **Closed days:** Mondays, and New Year holidays

★Welcome to the Picture Book Museum 2022 at Fukuoka Asian Art Museum (おいでよ! 絵本ミュージアム2022) From July 19th to August 28th  
<https://faam.city.fukuoka.lg.jp/>



**Specialized Counseling Services at Fukuoka City International Center**

**Legal Counseling**

July 2nd and 20th  
August 6th and 17th  
September 3rd and 21st

1st Saturday 10:30 - 13:30  
3rd Wednesday 13:00 - 16:00  
Appointment: Required  
An interpreter is available upon request

**Immigration, Residency, and Nationality**

July 10th, August 14th and September 11th

2nd Sunday 13:00 - 16:00  
(Reception until 15:30)

Appointment: Not required  
English & Chinese interpreters are available.

**Personal (Psychological) Counseling**

Monday 9:00 - 17:45  
Tuesday 9:00 - 11:45  
Thursday 9:00 - 12:45

Appointment: Required  
An English speaking professional is available.